The **PLODIV THROWDOWN** is a fitness competition organized by MoVe Team and WLC “Factor Plovdiv” (Organization). The 3th edition will take place on the 21st and 22nd of September 2019 in Plovdiv, Bulgaria at Central Square on an 900m² open air arena.

**REQUIREMENTS FOR PARTICIPATION**

- Accept the rulebook in full, accept the norms concerning the discharge of liability and the privacy policy and the decisions of the **PLODIV THROWDOWN** which are final and binding in all respects.

- Register within the terms communicated on the website and pay the participation fee of 20€ (credit card fee included). (If asked) Will be prepared to show valid documents to prove their identity, age and residence.

**REGISTRATION**

Registrations for the online qualifiers will open on the 1th of April and will remain open until the 1st of July 2019. All personal information must be entered for each athlete separately. Please ensure the correct contact email address is entered as this will be our main form of communication! Registration fees are non-refundable.

**COMPETITION CATEGORIES**

- **RX M/F** – open for all ages
- **Scaled M/F** – open for all ages
- **Masters (35+) M/F** – 35+ y.o.
- **Teen Boys and Girls up to 20** – under 20 y.o. (Until 21st of September 2019)

In case a category has less than 5 registrations, **PLODIV THROWDOWN** has the right to cancel that category. In such case, all registered athletes will be refunded or will have the option to change the category if possible. At the end of the online qualifiers a total of 200 athletes will advance to the finals.
ONLINE QUALIFIERS

Three qualifier workouts, in three consecutive weeks will determine the best athletes in each category. All athletes must submit their scores and videos before the deadline for the given workout. All videos will be evaluated by the PLOVDIV THROWDOWN Judge Team based on prescribed criteria and standards. Videos should be uploaded to a video hosting site like YouTube under public privacy settings. Athletes can complete and submit their scores as many times as they wish before the deadline. Athletes must follow all the guidelines of each Qualifier provided by PLOVDIV THROWDOWN Team upon the start of the Qualifiers, including the filming angle of the video, the equipment and loads used for the workout. The repetitions and/or exercises and/or workouts which don’t follow the standards and/or are not clear may be judged as NO REP, that is a non-valid repetition. It is the sole responsibility of the athlete to ensure the timely submission of their workout result and video. Submissions that are incomplete or not working will not be accepted. No late entries will be accepted. Registration fees are non-refundable.

SCORING SYSTEM

The score of the workout is based on the fastest time or number of repetitions or load moved. Every incorrect or invalid repetition according to standards will be judged as a NO REP, that is a non-valid repetition. The assignment of the score for each workout is based on the following principle: the 1st ranked athlete gets 1 point, the 2nd gets 2 points, the 3rd gets 3 points and so on; in case of a tie in a single workout, tied athletes receive the same number of points. The athlete who has the lowest sum of points after all three qualifications will be first in the ranking, the one with the second lowest sum of points will be second etc. In case one or more athletes end up with the same score in the ranking, the final ranking will be determined considering which athlete won most of the workouts. The one with the most workouts won is the winner of the tie. If there is still a tie, we will consider which athlete ranked at the 1st place more often. The one with the most 1st place rankings is the winner of the tie. If there is still a tie, we will consider how many times each athlete ranked 2nd to break the tie. The one with the most 2nd place rankings is the winner of the tie. If there is still a tie, then we proceed to 3rd position, 4th etc. In no cases there will be playoff workouts. The whole system from registration, payment, qualification and ranking will be provided by the platform Throwdowns.com.
FINALS

The finals will take place at Central Square Plovdiv, Bulgaria on the 21st and 22nd of September 2019. Athletes who will get an invitation to the finals will have 5 days to accept the invitation by logging into their athlete profile and paying the registration fee of 40€. If an athlete cancels or does not accept the invitation within the deadline, the organizers has the right to offer his/her place to the next athlete in the rankings after the qualifying round. If a registered athlete doesn’t show up during the athletes’ check-in, then his/her spot might be offered to lucky losers. Lucky losers must attend the arena on Friday, 20 of September during the check-in process and declare their interest to compete. Then they can take the available spots, if any, based on their ranking in the qualifiers. Registration fees are non-refundable. During all phases the performance of the athletes will be judged by one or more judges nominated by the organization. The judges evaluate the participants based on prescribed criteria and standards. Every participant must sign the score-card to accept the score assigned by the judge. In a case of complaint, the athlete must immediately appeal to the Competition Director, who will solve the dispute with the Head Judge. A signed score-card is valid and cannot be contested. PLOVDIV THROWDOWN Judge Team has final authority on all athlete protest ruling. Videos, photos, cell phone footage or any other media will NOT constitute grounds for changing or modifying a decision, score or entry made by an Event Judge. The PLOVDIV THROWDOWN Judge Team may ask for any related media, but its availability may or may not guarantee use or admissibility in the overall decision process. Points will be assigned following the same procedure as in the qualifiers. Tie breaks will be decided the same matter. Workouts will be announced during the athletes briefing. All athletes will perform Saturday and Sunday (21st and 22nd of September). There will be a cut before a Final event on Sunday – details will be published after the invitations for the finals.

CODE OF CONDUCT

The participant admits to fair competition. Unsportsmanlike conduct and behaviors, included but not limited to: doping, disputes, rigging and deception attempts, violent discussions and offensive comments or other behavior that can discredit and damage the Organization, the participants, the sponsors, the audience or other people present, actions that prevent the other athletes from having the opportunity to compete in a fair way can be considered matters of penalty, suspension, disqualification, elimination and/or legal actions. Decisions of the Organization are final and without appeal.
**PRIZES**

RX M/F 1st place – 1500€; 2nd place – 750€; 3rd place – 500€,
Scaled M/F 1st place – 500€; 2nd place – 300€; 3rd place – 200€,
Masters M/F 1st place – 500€; 2nd place – 300€; 3rd place – 200€,
Teens Boys/Girls 1st place – 250€; 2nd place – 150€; 3rd place – 100€.

All prizes are subject to applicable taxes and withholding and prize winner’s compliance with an agreement to PLOVDIV THROWDOWN’s prize affidavit. All podium winners will receive additional gifts from our sponsors and partners. Money prizes will be given to the winners within 30 days from the day of the Final phase via bank transfer.

**CONSENT OF USING PHOTOS AND VIDEOS**

During the competition photos and videos will be made by authorized operators of the Organization and the sponsors with the aim of producing promotional audiovisual material. The participant authorizes the organization and its operators to realize, publish, edit and transmit photos and videos on online and offline channels, own or of third parties without any restriction. The participant grants the organization and its partners indefinite free usage of the whole photo/video material that portrays him/her during any action of the competition, without the need of preventive authorization and with no expectation for any sort of compensation.

**PRIVACY POLICY**

The personal data uploaded for the registration will be saved and could be published for communicative reasons. The organization stated that the information provided will be treated with accordance with the current privacy statements.

**WAIVER AND CANCELLATION**

The participant declares to be aware of the risk, predictable and unpredictable, connected to the competition and be of possession of suitable medical certification with compliance with the current health legislation. The participant
takes full responsibility regarding themselves, possible injury and the proper behavior during the competition. The athlete declares to have carefully read and considered the content of this rulebook and to have clearly understood the meaning of every single part before signing it. The participant declares to free the organization of the event and its partners of every liability, civil and criminal, that may arise during the different phases of the competition and/or during all the events related to the competition. The participant accepts that the organization can modify the conditions set for the competition and have the right to cancel the event for unpredictable reasons, for reasons of force majeure and for reasons that don’t depend on its will. The participant is aware and accepts that in no case and for no reason the registration fees payed to the organization during the registration phase can be refunded, not even partially, nor transferred to other participants.